



Jane Doe (she) - 28

NEED TO KNOW

- Mentioned that her father is sick. (5/25)
- Wants to go ALL IN and draw 2 cards as much as possible in Deck III
- When she reflects, ask if she's "skimming the surface"

DRAW NOTES

FROM PLAYER:

- "Meditation and letter writing are the most appealing but also the most familiar. I'm curious about the walk through a cemetery."

FROM GUIDES:

- Wants to do things like Card 49 for other significant relationships (in case she runs out of cards)
- 5-The List really stuck with her
- Wants to focus on the reflective and meditative prompts - 45, 47

MISSION

Checking in: She wants to give The End her all this next week. Potentially drawing two cards. At the end of her reflections MUST ask if she's "skimming the surface" SHE WANTS PROVOCATION: "I would really love to spend this last week more fully committed to and soaked in The End. It's been a pretty rocky month and, looking at my hopes and fears, I'm realizing that I actually accomplished more of my hopes than I realized (so that feels comforting) but the one that still remains is to spend a chunk of time fully present with the end. I think I got a taste of it at my second appointment and I'd like more."

Prescription: "I find my own work and my own writing incredibly difficult to confront. And it often makes me feel ungrounded (rather than providing clarity). I think the words I chose are still true. Maybe the one thing I would add has to do with the recent deaths and illnesses in my life and the fact that Death feels very close."

Top of Game: "I'm convinced that our society (and, as a result, our earth) is as sick and hurting as it is because of our fear of death. Death is a thing to be avoided; kept off the dinner table; erased, and escaped from. I'm a SciFi fan who likes to think about post-apocalyptic survival, I'm a tincture-sipping daughter of hippies who lights candles in honor of dead friends and family members, and I'm a flawed human who knows that everyone's hands are dirty, because death is everywhere. And I think it's okay for death to be everywhere."

TELL ME MORE... (B unless A)

Answered Yes to "Are you mourning the recent death of someone very close to you?"

Background:

MACRO FROM PLAYER:
<ul style="list-style-type: none"> Day 1 Important Fact: “I want to give soooo many disclaimers about what may or may not be important about me. So my disclaimer instead is just that I’m grappling with disclaimers. For me, the sound of a bassoon playing alone is the sound of home.” “I’m learning that so much of my own calm really comes from myself” “So many of the people I hope to remember in my final moments are people I haven’t met yet. I hope to live much longer and I hope to love so many more people.”
MACRO FROM GUIDES:
<ul style="list-style-type: none"> Seems to really want to invest in the game but has a lot going on in the rest of her life. Might be useful to ask if she wants to go deeper from time to time if you can do so without being pushy
KEY WORDS / LETTING GO REFERENCES
<ul style="list-style-type: none"> Hopes and Fears hiding place: “China” Card 49 - <i>"It's a common practice for parents to tell their kids that they're proud. Writing this letter, I'm realizing that the pride is so rarely expressed the other way around. But I feel it. And I want you to know that." "The gratitude is really overwhelming in the context of loss. It's all really beautiful in its deep deep sadness. I want to do it with/for other relationships, just to see what gets stirred up. It's such a particular vantage point from which to view something."</i>
[OUT OF GAME NOTES]
<ul style="list-style-type: none"> Emergency contact: John Smith, 123.456.7890, partner Referred by [Guide A] Profession College she went to Hometown: City, State

987.654.3210

email@website.com

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SHORED UP LIST

Things That Soothe the Panic

Words

- write a letter
- read a book
- name what's scary
- talk to someone near and dear

Water

- drink it
- get in it
- admire its vastness

Space

- lie on the floor and watch the ceiling fan
- breathe
- Go outside. Bike. Run. Walk. Sit.

Reminders of Joy

- dirt roads and big skies
- playing with dogs and milking goats
- cheese samples at DiBruno Bros.
- shared meals
- sore muscles

May 2 – 26 Days Left

QUEST:	3 In A Better Place
Draw Guide:	Guide B
Draw Notes:	<ul style="list-style-type: none">Required
Reflect Guide:	Guide C
Reflection Notes:	<ul style="list-style-type: none">When I asked her if she thought the space was “beautiful” she said: “I do! Although I think the photograph is more beautiful than the reality” so I said she was a talented photographer then.Perhaps she enjoys structure: “The three part structure to the day was very useful” “And I think will help me sort my thoughts in the coming days”



May 5 - 23 Days Left

QUEST:	9 - Musing on the Night
Draw Guide:	Guide D
Draw Notes:	<ul style="list-style-type: none">• “I love the rain and I'm very sleepy.”• I gave her the sarcastic punchline to the 789 joke - she seemed to like it<ul style="list-style-type: none">◦ “Your punchlines are great. Yeah, tell me about these cards!”• “Ooooh. I may have more time time later in the day but I'm not sure how things will play out (so to speak). Is it okay if I choose in the afternoon?”• I told her that Cards 7 and 8 were best played while there was still daylight
Reflect Guide:	None
Reflection Notes:	<ul style="list-style-type: none">• Came in at 11:20 pm on 5/6 and just squeezed in the phone prompt. No time to reflect after

May 16 – 12 Days Left

QUEST:	27 Facing Fear
Draw Guide:	Guide A
Draw Notes:	<ul style="list-style-type: none"> ● “I’d like to make one! I have some time and contemplative space and am up for looking at tricky things.” This bolded phrase came up in the reflection also.
Reflect Guide:	Guide C
Reflection Notes:	<ul style="list-style-type: none"> ● First phrase texted back: <i>Well that was all almost comically close to the surface and easy to access. Buckets of fears just waiting to come out and party.</i> ● <i>I’ve found that things often clarify so much when I look directly at the fear.</i> ● <i>And this one, for me, is all about Love. I’m scared of losing love.</i> ● <i>When I think about how I’m scared of other people dying, I’m most afraid of losing the love we share. The hardest deaths are always the ones that, in one way or another, touch on a lost love (familial, social, romantic, radical, etc).</i> ● <i>I’m scared of being weak and being in pain and losing my mind, sure. But I’m most afraid of being in a space (concrete or psychological) in which I feel like I don’t have access to love. / That’s why hospitals scare me / And I don’t want to die in one</i> ● <i>And when I feel threatened, my love is the first thing that I hide. / Which is so counter intuitive.</i> ● <i>I think that the world’s peacemakers would argue that the only solution is affection and empathy and love. So, in the face of fear and violence, the best thing to do is to love because it’s both disarming and healing. Superpower. / When I’m scared or insecure I hide my love because I want to hide my tender belly from the threat of injury. And I think that move is not necessarily a helpful one. / It’s alienating and breeds more fear / Especially when what I’m afraid of is losing love.</i> ● Conversation excerpts: <ul style="list-style-type: none"> ○ <i>TE: It sounds tricky (there’s that word again) to both be most afraid of love lost, yet be prone to avoid it. / Prone to avoid it in the first place, I should say.</i> ○ <i>Jane Doe: Whoof. Sure is. Good to know that that’s my tendency though</i> ○ <i>TE: I’m curious - Do you appreciate structure? Order?</i> ○ <i>Jane Doe: Yes. Although I’m still sorting through my relationship with them</i> ○ <i>Because I like to know what my role is. And I love it when things have a place. But I’m prone to messiness. / And procrastination. / Why do you ask?</i> ○ <i>TE: It’s something I’ve observed in your journey. It seems to give you perspective</i> ○ <i>Jane Doe: For sure..</i>

Screenshots/Photos:

May 24 - 4 Days Left

QUEST:	49 - Open When You Miss Me
Draw Guide:	Guide C (on 5/24)
Draw Notes:	<ul style="list-style-type: none"> • Something reflective and inside
Reflect Guide:	Guide E (on 5/25)
Reflection Notes:	<ul style="list-style-type: none"> • Word/Phrase: <i>"It's a common practice for parents to tell their kids that they're proud. Writing this letter, I'm realizing that the pride is so rarely expressed the other way around. But I feel it. And I want you to know that."</i> • <i>"I just think my parents are really radical, outstanding humans. And the idea that they would have to mourn the loss of either of their kids makes me totally freak out. It's so damn sad."</i> • <i>"And my dad is sick so do I write a hypothetical death note to both of them? Or do I assume that he dies before I do? And if that's the case I wanna be like, "Hey mom if you want out I get it. No judgment." But that's not the letter I want to write so I write a letter to both of them."</i> • <i>"I had a hard time figuring out whom to write to. I write a lot of letters so my first impulse was to just write to the people I normally write to. And then I realized that this is an opportunity for closure or for caretaking. And I don't really have beef with anyone that's significant enough to put into something like this."</i> • <i>"I think losing a kid is the hardest thing. If that happens to them they're gonna need all the possible support structures. If I can be a tiny part of that, I'd like to be. They always were for me."</i> • <i>"The gratitude is really overwhelming in the context of loss. It's all really beautiful in its deep deep sadness. I want to do it with/for other relationships, just to see what gets stirred up. It's such a particular vantage point from which to view something."</i>

Screenshots/Photos: